



HEALTH GARDE

SOUTHERN AFRICA



SPORTRON

HEALTH MATTERS

June 2022

#TOGETHERWEMOVE



HEALTHGARDE

INTERNATIONAL

Lovelyn

Chief Operating Officer
LOVELYN BASSEY

LOTS OF *Fun* AT THE WELKOM & KLERKSDORP ROADSHOWS!



DEAR HEALTHGARDERS

We have concluded our roadshows and thank each consultant who came out to make it special. It was really great to see you all and we can't wait to see you again real soon. We will have another roadshow before convention and hope to see many more people (both old and new).

June marks the financial year end for Healthgarde SA and is a time where we look at implementing new and updated financial plans to grow our company further. As we know there has not been a price increase since Healthgarde bought the company despite costs of everything increasing in South Africa. We will therefore increase the price of products as well as compensations plan numbers by 1 July. This also assures your earnings increase. I would like to use this opportunity to encourage each consultant to not only maximise June but also utilise the different ways to earn within the Healthgarde Compensation Plan to ensure you earn more money.

#TOGETHERWEMOVE

Many consultants are currently not fully taking advantage of all the ways to earn. For example if you register a person who purchases for R1500 (Fast Start 1) within their 1st 2 months, Healthgarde pays you R120 fast start bonus and if the same person purchases up to R3500 (Fast Start 2) within their 1st 3 months (the 1st R1500 included), Healthgarde pays you another fast start bonus of R120. This is just one example of the many ways you can earn. Also, remember that when you work towards incentives, you also increase your earnings, that's a fact. So make sure to work towards the recruiting incentive and **MANY CONGRATULATIONS** to those who worked and won the pots and stove through the just concluded incentive, they will come coming to you real soon. A very important incentive is the **BIG SUN CITY SLEEPOVER AND CONVENTION INCENTIVE**. The requirements are in this Health Matters. Ensure you qualify with your downlines and Don't be left behind. Come enjoy with other consultants from different African countries. Have a fantastic month with lots of sales, recruits and high GSV



JUNE 2022 LAUNCH & RECOGNITION SCHEDULE

JUNE	TIME	SUBJECT	LANGUAGE
7	15h00	April Recognition & Health Matters Launch	English

Zoom ID:552 590 8967 | Password; Wecan2

Follow us on facebook @ **Healthgarde SA**





HEALTH GARDE

SOUTHERN AFRICA



IT'S ALL ABOUT SUCCESS

WELL DONE!

ACCOLADES MAY 2022



BARRY TOMLINSON

ENTREPRENEUR OF THE MONTH

Our EOTM for April 2022 is a person who knows that when the going is tough the tough gets going. Always supportive and always there to help others -He is a person who loves making a difference in the lives of others.

We are so proud of him and his achievements in our business.
Please let us congratulate our deserving EOTM for April 2022.

congrats! you are a Superstar!!



TSAKANI MALULEKE

TEMBISA DEPOT
HIGHEST FAST START 1



LUCY MHLANGA

TEMBISA DEPOT
HIGHEST FAST START 2



VUYISILE MAVUSO

ESWATINI DEPOT
HIGHEST FAST START 3



SYLVIA VALASHIA

KLERKSDORP DEPOT
HIGHEST FAST START 1



SANDHAYA RAGUNATH

DURBAN DEPOT
HIGHEST FAST START 2



SIZENI NTINI

DURBAN DEPOT
HIGHEST FAST START 3

TOP 10 RECRUITERS

SIZENI NTINI
(DURBAN)

S K NKONYANE
(DURBAN)

LYDIA WOODLEY
(JOHANNESBURG)

BEAUTY CHABANGU
(TEMBISA)

TENGETILE LUKHELE
(ESWATINI)

FRANCIS SELAI KALOLI
(WELKOM)

NTOMBI ZULU
(VOSLOORUS)

SANDHAYA RAGUNATH
(DURBAN)

JOYCE LESHORO
(SOWETO)

LIINA SHEEFENI
(ONGWEDIVA)

WE ARE SO PROUD OF YOU!

TOGETHER WE CAN

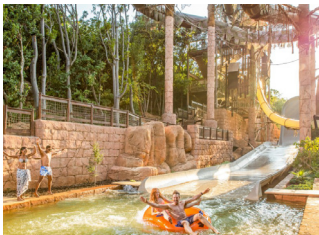


**ALL EXECUTIVES ARE INVITED TO PARTICIPATE
IN OUR TRAVEL TO SUN CITY INCENTIVE**

3 DAYS & 3 NIGHTS AT SUN CITY!

**INCENTIVE RUNS FOR 6 MONTHS
FROM MAY - OCT 2022**

Qualifiers attend our Healthgarde International Conference, as well as spend three fantastic days and nights at Sun City.



THE PRIZE INCLUDES:

- ✓ Accommodation
- ✓ Meals
- ✓ Entertainment
- ✓ Entry to Valley of the waves
- ✓ Game drive (Pilanesberg Game Reserve)
- ✓ Entrance to the Conference

Enjoy the fantastic night life and entertainment that Sun City is famous for.

THE CRITERIA ARE AS FOLLOWS:

GSV R540 000 over the incentive period (average of R90 000 per month)

PSV R9000 over the incentive period (average of R1 500 per month)

QUALIFIED RECRUITS 24 (average of 4 per month)

MOVE UPS 12 (average 2 per month)

FAST STARTS 12 (average 2 per month)

LEADERSHIP DEVELOPMENT

Consultants need to produce the following during the incentive period:

1. At least one new first time Executive
2. At least one new first time Managers or 2 new Group Consultants.



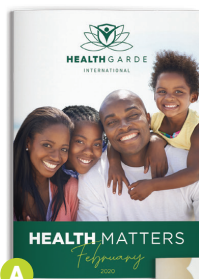
WHAT A WONDERFUL OPPORTUNITY!

WELCOME NEW RECRUITS

JOIN FOR
ONLY R50

LET'S TALK ABOUT BUSINESS & SET YOU UP FOR SUCCESS:

Register & Invest R50 in your Starter Kit. Your kit consists of:



A

1. Health Matters



B

2. Together We Can
Business Booklet



C

3. Policies & Procedures
4. Consultant Form
5. Enrollment Form



D

6. Healthgarde
Welcome Badge



This automatically qualifies you to receive 25% discount on all your product purchases at the Consultant price.

If your order is R600 or more in one order, you will qualify to earn a FREE Healthgarde product.

FOR THE MONTH OF JUNE 2021

Your FREE product is Healthgarde Viral Plus (valued at R260 RRSP)

T&C's Apply - Free product will vary at the discretion of management.
- Free products will not be accepted for credit or cash.
- R600 order must be placed when joining in order to qualify for the free product.

FOR EVERY R100 YOU SELL YOU EARN R25 IMMEDIATELY

Example - If You Sell Products For:

IF YOU SELL	YOU EARN
R300 (excl VAT)	R75 PROFIT
R400 (excl VAT)	R100 PROFIT
R600 (excl VAT)	R150 PROFIT
R800 (excl VAT)	R200 PROFIT

To be bonus qualified (to earn), the new recruit must purchase a total minimum of R600 (Incl VAT) excluding the kit in the same month.



HOW DO I GET TO

Sun City

IN NOVEMBER 2022



4

Ensure your team
maintains their status!

3

Support, Train and
Coach your team so
that they can MOVE
up and earn more

2

Teach your Recruits
to use Fast Start!

1

Recruit!
Recruit!
Recruit!

YOU HAVE TO START IN JUNE WITH MIN % ACTIVE RECRUITS!



HEALTH GARDE
INTERNATIONAL

**CONGRATULATIONS TO THE FOLLOWING
VIETNAM CONFERENCE QUALIFIERS!**

Vietnam Conference
2022

**SIKHONA MBATHA
BEAUTY CHABANGU
FRANCIS SELAI KALOLI
JABULANI MBATHA
LINDA LE ROUX
LYDIA WOODLEY
SIZENI NTINI
TOM FONSECA**



RECRUIT & WIN!

FOR EVERY 5 QUALIFIED PERSONAL RECRUITS
who join with a minimum of R600 sales (incl. VAT) will receive a

R350
CHECKERS VOUCHER



1-30 JUNE 2022 ONLY

*T&C's Apply

*A new recruit qualifies with R600 or more consultant price (R600 excludes the joining kit of R50)

PROMO RRSP
R423
YOU SAVE **R47**

RRSP R470
CODE HI70

LESS
10%

**BOOST YOUR IMMUNE SYSTEM
WITH HEALTHGARDE!**

PROMO RRSP
R531
YOU SAVE **R51**

RRSP R590
CODE HI71

LESS
10%

**DEFEND YOUR IMMUNE SYSTEM
WITH HEALTHGARDE!**

BUY 2X BUCHU DETOX PLUS & SAVE!

Healthgarde Buchu Detox cleanses your body of toxins and is great to boost your immune system and get rid of edema and extra fluid during PMS.



BUCHU



DANDELION



GINGER



TURMERIC



JUNE 2022 /

BUY 2X DEFENDER & SAVE!

Healthgarde Defender is super-rich in anti-oxidants that act like soldiers to protect the body against disease.



GRAPESEED



CALCIUM



ZINC



SELENIUM



HEALTH MATTERS

11

PROMO RRSP
R265
YOU SAVE **R30**

RRSP R265
CODE HS46

PROMO RRSP
R265
YOU SAVE **R30**

RRSP R295
CODE HS19



**LESS
10%**

Say Goodbye
TO ACHES AND PAINS



A-TRON GEL

A super strong soothing gel that contains Arnica, Clove, Rosemary and Cannabidiol to soothe muscle and joint pains. Great for sports injuries or those suffering from arthritis or injured joints.

A-TRON TABLETS

An excellent formula of minerals, MSM and chondroitin to soothe and repair sore muscles and joints, due to ageing or exercise.



ARNICA



CLOVE



ROSEMARY



CANNABIDOL

NO MORE PAIN WITH SPORTRON A-TRON!

In the past couple of months I started having a problem with my knee; I had terrible pain which made me miserable. I eventually decided to consult my orthopaedic surgeon, resigned to needing a knee replacement having had the 1st replacement in 2016. Before my appointment I started wearing a knee brace for support, which helped. Isabel then recommended A-tron so started taking the tablets and applying the gel. Within weeks the pain got better and at appointment Dr referred me to a physiotherapist before operating. With A-tron, I rapidly felt much better, so stopped physio and ditched the knee support! Now I feel great and will not be going to the orthopaedic surgeon or the physiotherapist anytime soon.

Thanks A-tron for giving my knee new life!

Sibongile Mazibuku, 63 years



BEFORE USING A-TRON

AFTER 6 WEEKS

AFTER USING A-TRON

Constant pain and joint swelling, wearing a knee guard with Orthopedic surgeon suggesting a knee replacement in the next 2 months.

No pain, great flexibility and no support needed with Orthopedic surgeon postponing knee replacement by 9 months.

PROMO RRSP
R338
YOU SAVE **R38**

RRSP R375
CODE HI69



LESS
10%

**FOR A FLATTER TUMMY
NATURALLY!**

PROMO RRSP
R338
YOU SAVE **R38**

RRSP R375
CODE HW23



LESS
10%

**ULTRAGARDE FOR HEALTHY ADULTS
NATURALLY!**

BUY KICKSTART & 2X EETLEZZ TEAS & SAVE!

KICKSTART

contains natural herbs that cleanse your body for the first 14 days to get you ready for quick weight loss, especially belly fat. If you skip this process weight and cm loss will be slow.

EATLEZZ TEA

aids weight loss by helping to reduce your appetite and urges to cheat on your eating plan. Especially when it is now colder in winter, you tend to want to nibble more. When you cheat it takes the body up to 4 days to get into weight loss mode again.



BUY ULTRAGARDE & SAVE!

ULTRAGARDE

is a natural supplement to boost overall wellbeing and your family's immune protection. When it is colder we tend to eat less fruit and vegetables that results in our bodies not receiving enough Vitamin B's. These vitamins are not stored in the body and are needed daily for energy and by 50+ processes in your body. When you do not have sufficient B-vitamins in your body, you are chronically tired, thinking fuzzy, immune compromised and may even become depressed. Ultragarde also contains probiotics to promote a healthy gut and boost your immune system as 70% of your immune cells reside in your gut!



**EATING HEALTHY
BEGINS WITH**

Cooking Healthy

**COOK
& WIN!**

**ONE
POT**

Healthy Dish
COMPETITION
2022



**RECRUIT AND WIN
A SET OF INDUCTION COOKWARE!**

WINNERS TO BE ANNOUNCED IN THE JULY
HEALTH MATTERS AND WILL RECEIVE THEIR
PRIZES AT THE DEPOT EVENTS IN JULY

RETAIL VALUE
R1 299



**CONGRATULATIONS TO OUR JUNE WINNER
SWEETNESS MHLOM FROM CAPE TOWN**

**SWEETNESS MHLOM'S
RECIPE**

Ingredients
1/2kg chicken breast fillet
1 tablespoon Paprika
1 tablespoon Crushed garlic
10 spoons Olive oil
1 tablespoon Chicken spice
1 teaspoon Ginger
4 Baby tomatoes
250g Mix veg



THE BIG QUESTION IS WHAT DO I EARN AS AN ASSOCIATE?

If you join as a qualified recruit which means you purchase for at least R600 (excluding kit) in the month you join, you automatically qualify to earn 5% enroller bonus and fast start bonus from your downlines personal purchases.



HERE ARE SOME EXAMPLE:

WELCOME JOY	JOY GETS: 25% PROFIT	JOY RECRUITS	JOY GETS: 5% ENROLLER BONUS
	When she sells R600 worth of products.		Joy's recruit purchases for R600, the company pays Enroller Bonus is R25.50 (510 x 5% that is R600 less VAT)
JOY JOINS FOR: R600+ (excl Kit)	JOY EARNS: 25% PROFIT = R150 (in her pocket)	TOM BUYS FOR: R600	JOY EARNS: 5% ENROLLER BONUS = R150 (in her account)

JOY'S TOTAL BENEFIT = R175.50

WELCOME TOM	TOM GETS: 25% PROFIT	TOM RECRUITS	TOM GETS: 5% ENROLLER BONUS
	When he sells R600 worth of products.		Recruit purchases for R2000 Enroller Bonus is R85 (1700 x 5% that is R2000 less VAT) Fast Start Bonus R120 Fast Start 3 Hamper R250 (product hamper)
TOM JOINS FOR: R600+ (excl Kit)	TOM EARNS: 25% PROFIT = R150 (in his pocket)	EVE BUYS FOR: R2000	TOM EARNS: = R205 (in his account) + R250 (product)

TOM'S TOTAL BENEFIT = R605.00

WELCOME ZAC	ZAC GETS: 25% PROFIT	ZAC RECRUITS	ZAC GETS: 5% ENROLLER BONUS
	R2000 personal sales qualifies Zac for Fast Start 1 When he sells R2000 worth of products.		Recruit purchases for R2000 Enroller Bonus is R85 (1700 x 5%) Fast Start Bonus R120 Fast Start 3 Hamper R250 Fast Start 1 Hamper R300 Personal Sales Bonus R51
ZAC JOINS WITH: R2000 (excl Kit)	ZAC EARNS: 25% PROFIT = R500 (in his pocket)	PAT BUYS FOR: R2000	ZAC EARNS: = R256 (in his account) + R550 (product)

+ Zac moves to Consultant & Earns higher % comms

ZAC'S TOTAL BENEFIT = R956.00

The earnings for new Associates are limitless so offer these earning opportunities to as many as possible and let us uplift many people. Together We Can!

WHERE'S MY MONEY?

HOW DO I FIND MY MONEY?

Every Consultant has several money pots, to maximise your earnings

RANK - EARNING POTENTIAL	RP	FS 1	FS 2	FS 3	FSB	EB	PSB	PSTB	SLB	LDB
Associate	J	J	J	J	J	J	J	I	I	I
Consultant	J	J	J	J	J	J	J	J	J	I
Senior Consultant	J	J	J	J	J	J	J	J	J	I
Group Consultant	J	J	J	J	J	J	J	J	J	I
Manager	J	I	I	I	J	J	J	J	J	I
Senior Manager	J	I	I	I	J	J	J	J	J	I
Executive	J	I	I	I	J	J	J	J	J	J
Senior Executive	J	I	I	I	J	J	J	J	J	J
All Directors	J	I	I	I	J	J	J	J	J	J


YES	J	NO	I
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EARNING ABBREVIATIONS			
RP	= Retail Profit	EB	= Enroller Bonus
FS 1	= Fast Start 1	PSB	= Personal Sales Bonus
FS 2	= Fast Start 2	PSTB	= Personal Step Bonus
FS 3	= Fast Start 3	SLB	= Step Level Bonus
FSB	= Fast Start Bonus	LDB	= Leadership Development Bonus

There are 10 possible earning streams as shown in the table above, making it easy to find the money. The best thing is you ONLY need to be bonus qualified on ANY rank to earn from at least 2 additional earning streams plus profit margin. Make sure that every month, your pay rank is the same as your actual rank to ensure you earn well well!

RETAIL PRICE LIST (Incl VAT)

Effective March 2022

 SPORTRON			
CODE	PRODUCT NAME	APPLICATION	RETAIL PRICE
SPORTRON ADULTS			
HS46	A-Tron (60 Tablets)	Arthritis, Joint & Muscle Pain	R265
HS19	A-Tron Gel (50g)	Arthritis, Joint & Muscle Pain	R295
HS26	Floraplex (30 Capsules)	Gut & Immune Health	R250
HS27	Gentron (30 Capsules)	Prostate Health	R235
HS50	Glucoplex (60 Tablets)	Blood Glucose Stabilizer	R350
HS18	Marina Spa Plus (500ml)	Immune Booster	R210
HS31	Meal Replacement Strawberry Shake (500g)	Meal Replacement +Probiotics	R325
HS32	Meal Replacement Vanilla Shake (500g)	Meal Replacement +Probiotics	R325
HS70	Omegatone (500ml)	Wellness Booster	R499
HS72	Phytogarde Matrix Syrup (500ml)	Immune Booster	R295
HS52	Respitron (30 Tablets)	Respiratory Assist	R210
HW23	Ultragarde Matrix (60 Veggie Capsules)	Multivitamin & Mineral Supplement	R375
HS35	Uritron Plus (10 Capsules)	Bladder Infection Assistant	R120
SPORTRON KIDS			
HS36	Melotone Junior (60 Chewable Capsules)	Omega-3 Supplement	R390
HS38	Melotone Matrix Syrup (250ml)	Brain Development Supplement	R425

 SWISSGARDE			
CODE	PRODUCT NAME	APPLICATION	RETAIL PRICE
SWISSGARDE ADULTS			
HB07	40 Plus for Men (30 Tablets)	Prostate Health	R165
HB08	40 Plus for Women (30 Tablets)	Menopause Assistant	R165
MC03	Memo-Rite (60 Capsules)	Memory & Focus Assistant	R245
NG35	Skin, Hair & Nails (60 Tablets)	Beauty Assistant	R220
NG66	Super Cider (60 Capsules)	Weight loss & Ph Stabilizer	R325
HS64	Vitamin C Plus (60 Capsules)	Immune Booster	R245

*Note: RRSP: Recommended Retail Sales Price (incl VAT), excl admin fee/order

NOTE: R7 ADMIN FEE WILL BE CHARGED FOR EVERY ORDER PLACED


COURIER CHARGES	DELIVERY CHARGES
Applicable for Orders made through H0 customer Care and JHB Centre:	Telephone or emailed orders, placed at a Depot, please enquire directly with the respective Depot or Cape Town Centre.
0 to 2kg R130	FREE DELIVERY Applicable to an order of R 2000 or more weighing max 10 kgs, to be delivered to a location within a 15 km radius of the Depot or Centre.
2,01 to 5kg R160	
5,01 to 15kg R230	
15,01kg to 30kg R400	

OUR QUALITY PROMISE

You can exchange your goods within 7 days of purchasing, provided the items are unopened, unused and not damaged. If your product is damaged please contact your depot or customer care within 30 days of purchase. Always keep your receipt and use it as a reference when you engage with us.

RETAIL PRICE LIST (Incl VAT)

Effective March 2022

 HEALTHGARDE			
CODE	PRODUCT NAME	APPLICATION	RETAIL PRICE
HEALTHGARDE ADULTS			
HW06	Aloe Vite Plus (1 litre)	Immune Booster	R235
HP66	BFAB Starter Pack (Kickstart, Metabooster, 2x Eatlezz Tea, 2x Energizer Tea)	Weight loss	R880
HP70	BFAB Maintenance Pack (Metabooster, 2x Eatlezz Tea, 2x Energizer Tea)	Weight loss	R597
HS66	BFAB Metabooster (30 Capsules)	Weight loss	R325
HS67	BFAB Eatlezz Tea (30 Tea Bags)	Weight loss	R90
HS68	BFAB Energize (30 Tea Bags)	Weight loss	R90
HS65	BFAB Kickstart (15 Capsules)	Weight loss	R195
HS17	Buchu Detox Plus (1 Litre)	Detox & Immune Booster	R235
HS07	Calmag Plus (60 Tablets)	Bone & Muscle Booster	R295
HS03	Defender (60 Tablets)	Immune Booster	R295
HS73	Infagarde Plus Tincture (100ml)	Immune Booster	R295
HW24	Marina Spa Wonder Liquid (250 ml)	Immune Booster	R160
HW04	Multivite Men & Women (30 Tablets)	Multivitamin & Mineral Supplement	R275
HS04	Stressgarde (60 Tablets)	Stress Assistant	R295
HEALTHGARDE KIDS			
HW05	Kidgarde Multi Gummies (30 Gummies)	Immune Booster	R260
HI06	Kidgarde Multi Gummies Family Pack (2x 30 Gummies)	Multivitamin & Mineral Supplement	R442
HW07	Kidgarde Viral Plus Syrup (150 ml)	Immune Booster	R260

NOW YOU CAN SHOP ON OUR ONLINE STORE



<https://healthgarde.com>

FAST START

PROGRAMME FOR NEW RECRUITS!

FAST START YOUR BUSINESS IN YOUR FIRST 3 MONTHS

FAST START 1

New Associates who achieve a Personal Sales Volume (PSV) of **R1 500** in the month that they join (month1) or by the end of the next month (month2), will receive a product hamper worth **R300** (Retail Price).

EXAMPLE: MONTH 1 PSV = R750 **MONTH 2** PSV = R1000
CPSV = R750 CPSV = R1750

WORTH
R300
(Retail)

*Products may vary

FAST START 2

Associates who achieve a PSV of **R3 500** (R2 000 more) during their Fast Start Period i.e. month that they join (month1) and the next two months (month2 & 3), will receive a product hamper worth **R500** (Retail Price).

EXAMPLE: MONTH 3 PSV = R1750
CPSV = R3500

WORTH
R500
(Retail)

*Products may vary

FAST START 3

Associates who recruit during their Fast Start Period also receive a **R250** product hamper each time that their new Associate qualifies for one of the hampers.

PLUS

Receive an additional **R120** Fast Start bonus, for each of your new Associates who qualify for a Fast Start hamper included in your monthly payout when qualified.

WORTH
R250
(Retail)

+ R120

*Products may vary

WOULD YOU LIKE TO EARN AN EXTRA INCOME?

For more information about the Healthgarde business call today!
Toll free 0800 113 500/ 011 317 8500 or visit our website at www.healthgarde.co.za
or Speak to your Healthgarde contact sponsor or contact customer care.

NAME:
TEL / CELL NUMBER:
EMAIL:



CUSTOMER CARE +27 11 317 8500 | **Toll Free** 0800 113 500 | wecare@healthgarde.com | <https://healthgarde.com>
Floor 1, Building A, Cresta Junction Offices, Judges Ave, CRESTA 2194, Johannesburg, South Africa
PO Box 68068, Bryanston, 2021