

HEALTH MATTERS

JANUARY 2025

Celebrating Fresh Starts



Isabel Laubscher

Director: Sales
SPORTRON GROUP

Resident Nutritionist B.Nutrition, MBA, Masters in Phytotherapy Healthgarde (Pty) ltd trading as The Sportron Group



DEAR CONSULTANTS,

We have come to the end of an interesting, unusual and character-building year for most, myself included. It has also been a year of blessings, and we need to be grateful for our health, which neither money or time can replace.

The Sportron Group would like to thank everyone for their loyal support and wish you a very blessed festive season.

We are also starting a new year and a new season in life and business. We are so blessed to be part of the Pres Les Group and start a new exciting roller coaster journey as we rejuvenate Sportron and Swissgarde brands together. There will be many new product and innovation launches to look forward to in 2025.

At the end of a year, it becomes a time of personal reflection, and I would love to share some wisdom that spoke to me.

HAPPY NEW YEAR TO EVERY CONSULTANT THAT IS PART OF OUR FAMILY OF BRANDS:

May you look to your past with soft empathy
May you live in the present ever patiently
May you strive for your future so excitedly
May your heart ever find sweet serenity
May your time be so full that regret cannot find
even one ounce of worry or doubt in your mind
To your truest self may you be so aligned,
May you truly achieve your dreams all combined.

Quincy

Trapel









Come Celebrate in March 2025
with us as we travel the country
with our Sportron Group Celebrations!

SPORTRON GROUP CELEBRATIONS MARCH 2025

Come and Celebrate the Crowning of the Top leader for Region and the National Business Leader of the Year 2023/4

- The Pres Les Group as our new home and come and meet our Pres Les Group Executives
- Recognition of Consultants' performance over the past 18 months in Sales, Recruiting, Fast Starts and Move-ups for 2023/4
- Entrepreneur of the Year 2023/4
- Rising Star of the Year 2023/4
- Crowing of Regional Business Leaders of the Year for 2023/4
- Crowning of The National Business Leader of the Year 2023/4



Celebrate the new Sportron and Swissgarde products added to our range as part of the SPORTRON GROUP

COME JOIN US FOR

SPORTRON GROUP CELEBRATIONS MARCH 2025

Invite all current, former and new Customers and Consultants to come and celebrate success and new beginnings with us.

TICKETS: R50
PER PERSON

Tickets: R50 per person and can be purchased from your

local Depot

Time: 9h30 - 13h00

Venues to be confirmed in January 2025

Date Depot/ Area

Saterday

8th March 2025

Saterday

15th March 2025

Saterday

15th March 2025

Wednesday

19th March 2025

Saterday

22nd March 2025

Saterday

29th March 2025

Boksburg, Vosloorus, Pretoria, Johannesburg

Klerksdorp, Rustenburg, Potchefstroom

Polokwane

Durban KZN

Lesotho

Eswatini

Stand a chance to win a set of Pres Les Bedding (Retail Value R3500) at every venue

Receive a free
MARINA SPA
WONDER LIQUID
(Retail Value R225)
and a Free light lunch



WELL DONE IT'S ALL ABOUT SUCCESS



SPORTRON

ENTREPRENEUROF THE MONTH

NOVEMBER 2024

SANDHAYA RAGUNATH DURBAN

TOP ENTREPRENEURS



TOP RECRUITER: 8 SHAMIELA PARKER CAPE TOWN



FAST START 1 EARNER
ZANELE MBUYAZI
DURBAN



FAST START: 2 & 3 EARNER BHEKI MTHIYANE DURBAN



HIGHEST NO OF FAST STARTS JABULANI MBATHA DURBAN



HIGHEST NO OF MOVE-UPS MAKARABO MATAMANE LESOTHO



HIGHEST GSV LINDA LE ROUX JOHANNESBURG

TOP 10 RECRUITERS: NOVEMBER 2024

SHAMIELA PARKER: CAPE TOWN CENTRE 8
SANDHAYA RAGUNATH: DURBAN DEPOT 6
SIKHONA MBATHA: DURBAN DEPOT 6
CHAZILE DLUDLU: ESWATINI DEPOT 6
MAKARABO MATAMANE: LESOTHO DEPOT 6
ROSE VILAKATI: ESWATINI DEPOT 5
BOITUMELO MANTSI: WELKOM/BOTSWANA DEPOT 5
BANELE NGWENYA: ESWATINI DEPOT 4
ZANELE MBUYAZI: DURBAN DEPOT 4
SIBONGILE MARTHA MARUMO: POLOKWANE DEPOT 4



SPORTRON INTERVIEW



SANDHAYA RAGUNATH

DURBAN

How long have you been a Consultant in our business and why is this important for you?

I first joined the business in 2007 as an Assistant in the Swissgarde Durban Office; and was later promoted to Branch Manager. When there was a merger between Swissgarde and Sportron under the Ascendis umbrella, I continued as Centre Manager. I then also registered as a Consultant in order to personally work the business and be able to better support the Consultants.

What does your daily business routine look like; from the time you wake-up in the morning till the end of your business day?

Now that I work from home, I use my phone as my biggest business tool. I message my customers or post on social media to get new business and chat to current consultants.

How do you plan your business month to ensure that it is profitable?

I set a target and push towards achieving it to make a decent living from my rebates. With the current high cost of living, I try my best to steadily grow my sales so that I can support my husband in looking after our family and ensuring that we live comfortably

What do you particularly love about our business (whether product or Compensation Plan) and why?

I love our products that have changed my life and that I can confidently recommend because they do what they say they will do! I also love that my business offers me the opportunity to work with people, meet new people all the time and learn about different cultures and lifestyles.

As you are rebuilding your business, how are you reconnecting with your Consultants and customers?

Social media is my weapon of choice as it allows me to reach many people at the same time via WhatsApp and Facebook, which I use extensively. I also rely on word-of-mouth recommendations that also bring me leads and contacts.

How do you stay motivated and keep your team motivated with business?

I read motivational quotations and share them with my team to keep them positive. I also stay in touch with them so that I can get signals when they are feeling down and keep communication open until they are ok.

What is your short-term growth plan for your business?

Landhaya

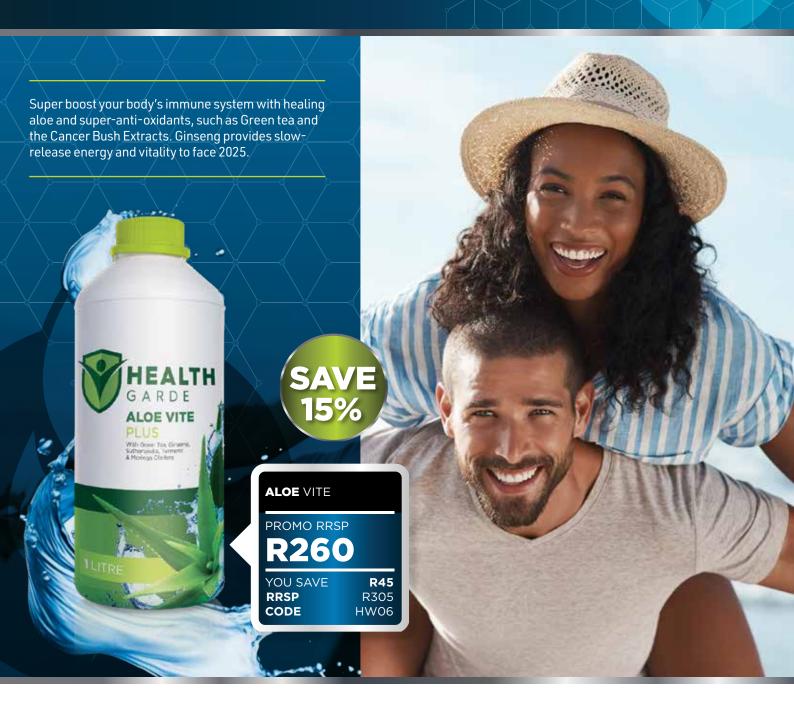
To build my team and develop leaders who will earn more money and therefore stay in our business. By doing this, I will be in a better position to personally grow my status to Executive and also earn more money. Also, on my road to recovery, I have found a lot of therapy and joy from animals! For this reason, I would also like to open my own safe haven for unwanted or stray animals.

What would your advice be to Consultants who may be facing personal difficulties and thinking of giving-up their business?

I would say, don't give up, keep pushing and you will overcome and succeed. We all go through storms at some point in our lives, and I have gone through my greatest personal storm ever! What has made a difference for me, has been the belief that however tough the road may be, I can overcome! Every little step forward made me stronger and more determined to overcome. So, whatever the difficulty you are facing, it may seem impossible to get through, but if you believe, you can overcome. It is in your hands!

"If your path is more difficult, it's because your calling is higher"

SUPER BOOST your Immune System





ALOE FEROX

Aloe contains substances known as glycoproteins and polysaccharides, which speed the body's healing process by stopping pain and inflammation while polysaccharides stimulate skin growth and repair and stimulating the immune system.



GREEN TEA

Green tea has strong anti-microbial properties from compounds called Catechins, which have been proven to boost the body's natural immune system.



SUTHERLANDIA (CANCER BUSH)

A traditional African herbal adaptogen which helps maintain health by increasing the body's ability to adapt to environmental and internal stress by strengthening the immune and nervous systems.



GINSENG

Potent anti-oxidant that helps to reduce inflammation and boost the immune system, as well as help fight tiredness and increase energy levels.

Get Your VITALITY On Track



Start taking a Multivitamin today to help your body to heal, regain its natural balance and vitality for 2025, while on holiday. HEALTHGARDE MULTIVITE can help ensure that your body gets the nutrients it needs for:

Overall health: Multivitamins can help you meet your daily nutritional needs.

- Heart health: Vitamins B1, B2, B6, K1, and magnesium can help support a healthy heart.
- Energy levels: Multivitamins can help increase your energy levels and decrease stress and anxiety.
- **Eye health:** Vitamins A, C, E, niacin (B3), and selenium can support eye health.
- Cancer risk: Vitamin use has been associated with a decreased risk of some cancers.
- Immunity: Vitamins C, D, and E can boost your immunity.
- Skin and hair: Vitamins B3, biotin, and C can help you achieve fuller hair and healthier skin.



SAVE 15%





BOOST Overall Wellbeing



BENEFITS OF OMEGA 3S

1	IMPROVE HEART HEALTH
2	BATTLE MENTAL DISORDERS AND DECLINE
3	REDUCE INFLAMATION
4	FIGHT AUTOIMMUNE DISEASE
5	ASSOCIATED WITH LOWERED CANCER RISKS

6	MAY SUPPORT HEALTHY BONE & JOINTS
7	MIGHT IMPROVE SLEEP QUALITY
8	BENEFICIAL FOR INFANT & CHILD DEVELOPMENT
9	MAY FIGHT MENSTRUAL PAIN
10	LINKED TO LOWERED MACULAR DEGENERATION RISK
11	SUPPORT HEALTHY SKIN & SLOW AGING

REJUVENATE your Body

MARINA SPA WONDER LIQUID is a scientific blend of natural Seaweed Extract, Licorice Root and 7 aromatic healing oils.

- By consuming it you gain natural vitamins, minerals, lodine and anti-oxidants that boost digestive, heart, and skin health.
- By applying it on skin, it offers quick relief of allergic reactions, eczema, acne and other injured skin conditions.

BUY 2 GET 1 FREE





Testimonial

66

"I was making fried chicken and the pan's handle twisted and the hot oil fell on my hand. I immediately put ice on the wound and then applied MARINA SPA WONDER LIQUID daily. Three weeks later the wound was healed and the scar starting to fade. It truly is a miracle treatment"

SUMMER SPECIALS

WHILE STOCKS LAST

ROCKGARDE is a blend of 6 natural herbs that will bring the romance back during the holidays. Two capsules 20 minutes before action, is all it takes. It works for men and women; unfortunately not for anyone under 18 years of age! Stock up this December!

Note:

For those suffering from high blood pressure, just take 1 capsule at a time!

BUY 1 GET 2 FREE



ROCKGARDE

PROMO RRSP

R120

YOU SAVE RRSP CODE **R240** R360 HS08



FREE

SUMMER SPECIALS

WHILE STOCKS LAST



We celebrate our new corporate home, The Pres Les Group with recruiting gifts in December/January

Last month to qualify

FOR EVERY 6 Qualified Recruits

over December 2024 and January 2025
Receive a Free Beach Towel



Here is an amazing recruiting incentive for you and your downline with a fabulous gift from our new corporate home, Pres Les.

Recruit 6 new Associates during this period to qualify for one beach towel.

Each new recruit needs to be bonus qualified (PSV R600) in the month that they join, and the sponsor needs to be bonus qualified for both months.

Remember that you will earn 6% enroller bonus on the PSV of each of the new recruits, in addition to your step bonus.

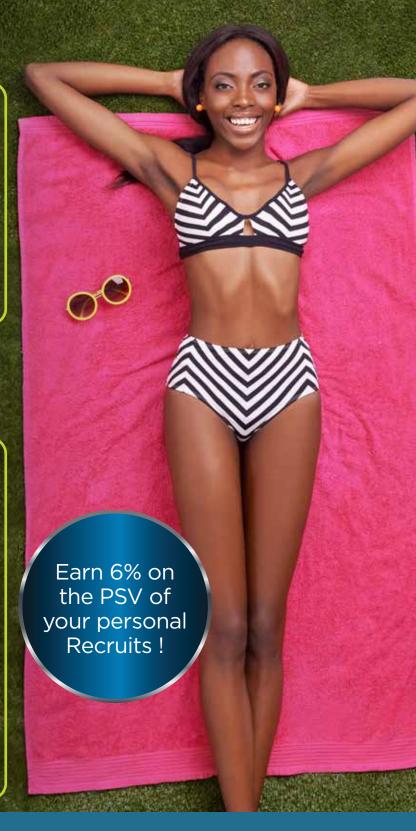
Consultants can also qualify for more than one towel!

6 new Qualified recruits = 1 beach towel

12 new Qualified recruits = 2 beach towels

Additionally, a new Qualified recruit who joins in January 2024 may also participate if they achieve 6 new Qualified recruits by the end of January 2025.

What an amazing incentive!! Start now and qualify for this lovely gift.



Check out samples of these beautiful towels at your nearest depots.

Those who qualified for the incentive will receive their towels in early Feb 2025.



Leadership Reminder: Promote & Maintain

PROMOTION TABLE

The table below shows what you need to achieve to qualify for a higher status. Once you have achieved a new status, you will then need to meet the monthly maintenance requirements of that status.

Please note that once you have reached Manager Status, you will need to meet certain structure requirements as well as PSV and GSV. The PSV and GSV requirements are for one month, while 3-month GSV is achieved over 3 consecutive months.

RANK	PAID AS TITLE	TITLE CODE	CPSV	PSV	GSV	GSV3	PAID AS TITLE/ BONUS QUALIFIED LEGS
1	Associate	А	-	600	-	-	-
2	Consultant	С	2400	600	-	-	-
3	Senior Consultant	SC	2400	700	-	-	-
4	Group Consultant	GC	2400	700	-	21750	-
5	Manager	М	2400	925	-	43500	2SC
6	Senior Manager	SM	2400	925	-	75000	2GC or 4SC
7	Executive	Е	2400	1200	48000	144000	2M or 4GC
8	Senior Executive	SE	2400	1200	48000	-	2E
9	Director	D	2400	1200	48000	-	2SE or 4E
10	Bronze Director	BD	2400	1200	48000	-	2D or 4SE
11	Silver Director	SD	2400	1200	48000	-	3D or 6SE
12	Gold Director	GD	2400	1200	48000	-	4D or 8SE
13	Diamond Director	DD	2400	1200	48000	-	5D or 10SE

= Career Personal Sales Volume

PSV

= Personal Sales Volume = Group Sales Volume

GSV

= 3 Month Group Sales Volume

MAINTENANCE TABLE

The table below shows the maintenance requirements for each title, that have to be met monthly in order to retain your status. If you do not maintain your status, then you will be paid as the title that you have reached that month.

From Manager and upwards, you will need to meet PSV and GSV, as well as structure requirements. For Example: To maintain your status as a Manager, you will need 2 bonus qualified Senior Consultants in your team, as well as R14 500 GSV per month and PSV of R925 per month.

RANK	PAID AS TITLE	TITLE CODE	CPSV	PSV	GSV	GSV3	PAID AS TITLE/ BONUS QUALIFIED LEGS
1	Associate	А	-	600	-	-	-
2	Consultant	С	2400	600	-	-	-
3	Senior Consultant	SC	2400	700	3600	-	-
4	Group Consultant	GC	2400	700	7250	21750	-
5	Manager	М	2400	925	14500	43500	2SC
6	Senior Manager	SM	2400	925	25000	75000	2GC or 4SC
7	Executive	Е	2400	1200	48000	144000	2M or 4GC
8	Senior Executive	SE	2400	1200	48000	-	2E
9	Director	D	2400	1200	48000	-	2SE or 4E
10	Bronze Director	BD	2400	1200	48000	-	2D or 4SE
11	Silver Director	SD	2400	1200	48000	-	3D or 6SE
12	Gold Director	GD	2400	1200	48000	-	4D or 8SE
13	Diamond Director	DD	2400	1200	48000	-	5D or 10SE

= Career Personal Sales Volume

PSV GSV = Personal Sales Volume

= Group Sales Volume



Join SPORTRON and start your journey





JOIN in January 2025 for FREE by just purchasing

JOIN in JANUARY 2025 and come back in February 2025 to enjoy R100 off your R700+ purchase loaded in your Sky Wallet



KICK START your SPORTRON journey to success with FAST START



RETAIL PRICE LIST (INC. VAT)

SPORTRON

WITH FOODSTATE MATRIX

CODE	PRODUCT NAME	BENEFIT	RETAIL PRICE
	ADULT OVERALL WELLNES	S - TO BE USED DAILY	
HW23	ULTRAGARDE MATRIX with Multi-vitamins, Minerals & Probiotics	Wellness Booster	R450
HS70	OMEGATONE MATRIX with Omega 3 & Vitamin D	Vitality Booster	R530
HS72	PHYTOGARDE MATRIX with various Berry Extracts, Grape Seed Extract & Fucoidan	Immune Fighter	R420
HS83	PRO B-9 DROPS with 9-strain Probiotics	Gut & Immune Nurse	R350
	ADULT SPECIALITY WELLNESS - TO BE	USED FOR SPECIFIC CONDITIONS	
HS19	A-TRON GEL with Arnica & CBD	Joint & Muscle Relief	R330
HS80	A-TRON MATRIX with MSM & CBD	Joint & Muscle Nurse	R365
HS74	CAL-C-MAG MATRIX with Calcium, Magnesium & Collagen	Bone & Joint Stregthner	R420
HS12	DIA GARDE MATRIX with Red Leaf Extract & Cinnamon	Blood Glucose Nurse	R350
HS75	ENERGISER MATRIX with Kola Nut, Guarana & Ginseng	Energy Booster	R405
HS82	EYEGARDE MATRIX with Marigold Extract & Beta Carotene	Eyesight Booster	R365
HS76	HAIR, SKIN & NAIL MATRIX with Collagen, Zinc & B-Vitamins	Beauty Enhancer	R365
HS16	KARDIOGARDE MATRIX with Vitamin K2, D3 & Turmeric	Heart Assist	R365
HS40	MENTAL FITNESS CALM MATRIX with L-Theanine, Valerian & Chamomile	Anxiety Nurse	R275
HS30	MENTAL FITNESS MATRIX with MSM, PABA, B-Vitamins & Saffron	Mental Booster	R450
HS79	40+ MEN MATRIX with Saw Palmetto Extract	Prostate Vitality	R365
HS78	40+ WOMEN MATRIX with Isoflavones	Menopause Buster	R365
	CHILDREN OVERAL	L WELLNESS	
HS38	MELOTONE SYRUP MATRIX with Omega-3 & Saffron	Brain Booster	R480
HS83	PRO B-9 DROPS with 9-strain Probiotics	Gut & Immune Nurse	R350
HS39	RESPITRON MATRIX SYRUP with Echinacea, Pelargonium & Quercitin	Easy Breathing Nurse	R390
HW53	WHIZZ KIDZ MATRIX SYRUP with Elderberry & Vitamin C	Immune Booster	R407

^{*}Note: RRSP: Recommended Retail Sales Price (incl VAT). An admin fee of R10 will be charged per order.

HEALTH G A R D E

CODE	PRODUCT NAME	BENEFIT	RETAIL PRICE
	ADULT OVERALL WELLNI	ESS - TO BE USED DAILY	
HW04	MULTIVITE for Men & Women with Moringa	Wellness Booster	R370
HW02	OMEGA PLUS with Omega 3, 6 & 9 Softgels	Body Booster	R370
HW06	ALOE VITE with Green Tea, Ginseng & Sutherlandia	Immunity Protector	R305
HW24	MARINA SPA WONDER LIQUID with Bio Seaweed & Licorice Root	Immunity Warrior	R225
HS73	INFAGARDE with Echinacea & Pelargonium	Immunity Assist	R310
HS03	DEFENDER with Grape Seed Extract	Immunity Booster	R370
	ADULT SPECIALITY WELLNESS - TO B	E USED FOR SPECIFIC CONDITIONS	
HS05	AFRICAN P + Moringa & Cayenne Pepper	Inflammation Nurse	R300
HS17	BUCHU DETOX with Turmeric, Ginger, Dandelion & Black Walnut	Detox Booster	R305
HS07	CALMAG with Vit D & Zinc	Bones & Joint Booster	R370
HS11	PMS ASSIST with Chasteberry & Dong Quai	PMS Nurse	R250
HS08	ROCKGARDE with Kola Nut & Horny Goat Weed	Libido Booster	R120
HS04	STRESSGARDE with Vitamin B's & C	Stress Buster	R370
SG01	SUPER CIDER PLUS with Apple Cider Vinegar, Garcinia Cambogia & Green Tea	Digest Booster	R300
HS84	VITALITY TEA with Ginger & Lemongrass	Vitality Nurse	R125
	WEIGHT MANAGEMENT	Г - BFAB FLAT TUMMY	
HS69	BFAB FLATTUMMY KICKSTART	Fat Detox Nurse	R290
HS66	BFAB FLATTUMMY METABOOSTER with Artichoke Extract	Fat Crusher	R350
HS67	BFAB EATLEZZ TEA with Green Rooibos, Ginger & Chilli	Appetite Reducer Tea	R112
HS68	BFAB ENERGIZE TEA with Green Rooibos, Fennel, Turmeric & Aniseed	Energizer Tea	R112
	CHILDREN OVER	ALL WELLNESS	
HW05	KIDGARDE MULTI GUMMIES	Multivitamin for kids	R249
	BEAUTY FRO	M NATURE	
HP68	BIO SKIN PROTECTOR with Aloe	Hand Protector Glove	R250
HP69	BIO VAPOUR RUB with Eucalyptus & Maleleuca	Skin Nurse	R220
HP67	LIQUID GOLD with Royal Jelly & Turmeric	Even-Toned Skin Rejuvenator	R220

Where can I purchase?

- 1 FROM YOUR LOCAL SPORTRON GROUP CONSULTANT
- 3 TELEPHONE ORDERS VIA CUSTOMER CARE (011) 317 8500
- FROM YOUR LOCAL SPORTRON GROUP DEPOT
- FIND YOUR NEAREST DEPOT AT www.sportron.co.za

Sportron Group CalendarJanuary 2025

Recognition & Launch of Special Offers

Attend to celebrate achievers & be motivated by them. Learn more about product offers & incentives.

Weekly Zoom Intouch Training

Learn more about how to sell and recommend products and how to build a business. Make contact with your Sponsor or Depot Manager to review your status and how you can grow.

Check List

Check that you and your team are bonus qualified, recruits qualify for Fast Start and that you qualify for incentives that you are working for.

Month-end

Ensure that you submit orders for month-end early, so that there is time to double-check and that you stress less.



TECH SAVVY

GET TUNED IN TO SPORTRON

JANUARY 2025 STAYING IN TOUCH WITH SPORTRON ONLINE

DATE	TRAINING TOPIC	TIME
Thursday 9 th January 2025	Recognition and launch of January 2025 offers	15h00 - 16h30
Thursday 18 th January 2025	The Wonder of Marina Spa Wonder Liquid/ Work Smart & Earn More	13h00 - 14h00
Thursday 24 th January 2025	Struggling to lose weight? Recruting is Easy	13h00 - 14h00

Meeting ID: 614 912 4991 Password: WeCan2

Purchase at any Depot for R1250+ and receive a SPORTRON A-TRON GEL (Retail Value: R330)

